

**26&29
SEPTEMBER
2015**

Unlock Your Heart: Goal Setting from the Inside Out

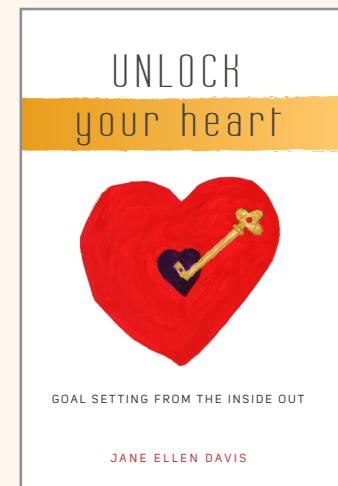
Two separate one-day retreats

SEP 26 10 am - 5 pm Private residence in *La Jolla, CA

or

SEP 29 10 am - 5 pm Private residence in *Rancho Bernardo, CA area
\$100 (includes *Unlock your Heart: Goal Setting from the Inside Out* Book)

- **2 facilitators, 1 book, guided meditations, and great women**
- **Discover clarity and power of core values**
- **Transform and evolve how you live your life**
- **Shift from doing to being**
- **Re-Connect with the heart of who you are**



DESIGN YOUR LIFE. BE IT. DO IT. NOW.

Unlock Your Heart: Goal Setting from the Inside Out is a workshop where you will learn one of the most important secrets to living a deeper, more meaningful life—how to set goals that reflect not just what you do, but WHO YOU ARE. This workshop takes you deeper into your heart consciousness and offers plenty of time to gain traction within your goals. This time is designed to help you start living your dreams and being who you are created to be. **Please register at WideAwakebyDesign.com.**



JANE ELLEN DAVIS: AUTHOR, ARTIST, SPIRITUAL MENTOR

Jane Ellen Davis has been in the personal growth and spiritual arena for more than 35 years. Her popular workshops served as the inspiration for her book, *Unlock Your Heart: Goal Setting from the Inside Out*. As a spiritual mentor and educator she currently conducts private sessions and workshops focused on self-discovery and life balance education. Her work inspires people to discover who they are at their best.



HEATHER ROBERTSON: ENTREPRENEUR, MENTOR, FACILITATOR

Heather's devotion to personal growth and expertise in conscious leadership has led her in many inspiring directions. Heather is formally educated in environmental politics, yoga, facilitation, and conflict resolution. She has been mentored by three inspirational women business owners and for the last 15 years studied with a primary spiritual mentor in Switzerland. She is significantly trained leading from the inside out and deeply committed to creating a life that you love no matter what stage in life you're in.

Contact & Register with: Heather Robertson (WideAwakebyDesign.com) Questions: info@wideawakebydesign.com

* Address upon receipt of registration - www.wideawakebydesign.com